

FEDERACION MEXICANA DE NATACION
VICEPRESIDENCIA DE NATACION
COMISION TECNICA DE NATACION
TEMPORADA 2011 - 2012
TIEMPOS TOPES PARA EL

CAMPEONATO NACIONAL DE NATACION DE CURSO CORTO 2011-2012

Tiempos en Curso Corto

		Infantil B (11-12)		Juvenil A (13-14)		Juvenil B (15-16)		Juvenil C (17-18)		1ra. Fuerza	
		Femenil	Varonil	Femenil	Varonil	Femenil	Varonil	Femenil	Varonil	Femenil	Varonil
		Libre	50	32.13	30.91	30.08	27.59	29.31	26.17	29.51	25.73
100	1:09.02	1:07.40	1:04.50	59.34	1:03.02	57.06	1:02.88	56.26	1:02.34	53.65	
200	2:30.52	2:25.26	2:18.57	2:09.31	2:16.49	2:03.27	2:14.64	2:01.28	2:13.64	1:56.06	
400	5:14.55	5:04.99	4:49.35	4:31.40	4:45.56	4:21.16	4:43.88	4:18.30	4:40.00	4:09.89	
800			9:54.60		9:48.65	9:06.68	9:39.85	9:02.78	9:35.61	8:53.54	
1500				18:27.37	19:11.52	17:30.20	19:03.00	17:14.98	18:48.59	16:30.88	
Dorso	50	38.69	37.39	34.83	34.09	34.30	30.59	33.89	30.21	33.09	28.73
100	1:20.86	1:17.99	1:14.36	1:09.64	1:14.00	1:05.11	1:13.66	1:04.07	1:10.01	1:01.13	
200	2:48.26	2:43.14	2:35.98	2:31.74	2:35.85	2:19.16	2:35.46	2:17.87	2:31.72	2:15.56	
Pecho	50	43.23	43.38	40.43	36.38	38.75	34.52	38.60	32.96	37.79	31.03
100	1:32.90	1:30.36	1:27.04	1:17.89	1:23.54	1:15.45	1:22.84	1:11.77	1:21.22	1:07.70	
200	3:13.46	3:11.84	3:01.95	2:46.59	2:59.43	2:41.76	2:56.31	2:36.40	2:52.57	2:32.04	
Mariposa	50	35.83	34.86	33.89	30.01	32.04	28.80	31.86	27.78	30.44	26.40
100	1:22.33	1:17.76	1:14.18	1:07.69	1:10.85	1:03.06	1:09.97	1:00.89	1:06.68	57.94	
200	3:01.59	2:51.02	2:45.68	2:29.93	2:38.76	2:20.04	2:34.63	2:18.51	2:30.07	2:10.47	
Combinado	200	2:51.50	2:47.28	2:37.11	2:26.40	2:35.70	2:18.04	2:32.76	2:17.04	2:30.06	2:12.22
400			5:36.61	5:15.01	5:32.29	4:59.95	5:28.38	4:55.33	5:23.24	4:46.22	

Tiempos en Curso Largo

		Infantil B (11-12)		Juvenil A (13-14)		Juvenil B (15-16)		Juvenil C (17-18)		1ra. Fuerza	
		Femenil	Varonil	Femenil	Varonil	Femenil	Varonil	Femenil	Varonil	Femenil	Varonil
		Libre	50	:32.77	:31.53	:30.68	:28.14	:29.90	:26.69	:30.10	:26.24
100	1:10.40	1:08.75	1:05.79	1:00.53	1:04.28	:58.20	1:04.14	:57.39	1:03.59	:54.72	
200	2:33.53	2:28.17	2:21.34	2:11.90	2:19.22	2:05.74	2:17.33	2:03.71	2:16.31	1:58.38	
400	5:20.84	5:11.09	4:55.14	4:36.83	4:51.27	4:26.38	4:49.56	4:23.47	4:45.60	4:14.89	
800			10:06.49		10:00.42	9:17.61	9:51.45	9:13.64	9:47.12	9:04.21	
1500				18:49.52	19:34.55	17:51.20	19:25.86	17:35.68	19:11.16	16:50.70	
Dorso	50	:39.46	:38.14	:35.53	:34.77	:34.99	:31.20	:34.57	:30.81	:33.75	:29.30
100	1:22.48	1:19.55	1:15.85	1:11.03	1:15.48	1:06.41	1:15.13	1:05.35	1:11.41	1:02.35	
200	2:51.63	2:46.40	2:39.10	2:34.77	2:38.97	2:21.94	2:38.57	2:20.63	2:34.75	2:18.27	
Pecho	50	:44.09	:44.25	:41.24	:37.11	:39.52	:35.21	:39.37	:33.62	:38.55	:31.65
100	1:34.76	1:32.17	1:28.78	1:19.95	1:25.21	1:16.96	1:24.50	1:13.21	1:22.84	1:09.05	
200	3:17.33	3:15.68	3:05.59	2:49.92	3:03.02	2:45.00	2:59.84	2:39.53	2:56.02	2:35.08	
Mariposa	50	:36.55	:35.56	:34.57	:30.61	:32.68	:29.38	:32.50	:28.34	:31.05	:26.93
100	1:23.98	1:19.32	1:15.66	1:09.04	1:12.27	1:04.32	1:11.57	1:02.11	1:08.01	:59.10	
200	3:05.22	2:54.44	2:48.99	2:32.93	2:41.94	2:22.84	2:37.72	2:21.28	2:33.07	2:13.08	
Combinado	200	2:54.93	2:50.63	2:40.25	2:29.33	2:38.81	2:20.80	2:35.82	2:19.78	2:33.06	2:14.86
400			5:43.34	5:21.31	5:38.94	5:05.95	5:34.95	5:01.24	5:29.70	4:51.94	